



Coach Development Programme 2010

“Coaching the Coaches”



Introduction and Contents

Welcome to Cricket Scotland's Coach Development Programme for 2010. This Programme contains details of all the UKCC Coach Education courses that will be offered to candidates throughout Scotland during 2010. Given the introduction of the UKCC syllabus we have also included a brief description of the different courses available, which should help potential candidates identify the course which best suits their needs.

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Welcome to our Coach Development Programme for 2010.

Cricket Scotland has identified 'coach education and development' as a high level priority over the period of our next strategic plan. As a result we will be investing heavily in our Tutor and Assessor workforce to ensure the best quality courses can be delivered at a variety of suitable venues throughout Scotland. Thanks to support from sportscotland, we are also able to subsidise all of our UKCC courses to ensure affordability for most candidates.

The cost of our courses is substantially cheaper than the equivalent courses elsewhere in the UK and underlines Scottish sports commitment to coaching development and the subsequent support network as a high priority.

The role of "Coach Development Manager" involves organising and providing the resources for the various courses offered through the ECB/UKCC and ICC coaching framework, plus additional workshops, coaching clinics or forums that can also cater for any additional identified needs. Having learnt from our experiences in the last few years, I'll be continuing to organise and development of our ever growing portfolio of courses, mainly at venues where we have established good working relations and know we can provide the candidates with the right form of learning environment.

As a long standing tutor and active coach I'm extremely passionate about coaching our future national players and providing a sound base for coach education and development. I look forward to continuing to help drive this crucial area of Cricket Scotland's operations forward.

Part of my role is also to 're-energise' the Cricket Scotland Coaches Association, further mention of which can be found on the Cricket Scotland website.

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Coaching Assistant (UKCC Level 1)

The Course is aimed at beginner coaches who will be able to 'assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision'.

This role may include running warm ups, cool downs, small sided games and small group work. The Course is essentially designed for parents and volunteers starting on the coaching pathway.

The Course will help coaches prepare for, deliver and review cricket coaching sessions. It will enable them to:

- introduce and develop the game of cricket to people of all ages in a safe and enjoyable way
- develop and improve players (as people as well as cricketers)
- develop coaching skills, knowledge and qualities
- demonstrate competence against UKCC/National standards for coaches

The Course consists of four three-hour modules and a final assessment.

Coach Award (UKCC Level 2)

The role of the Coach Award (UKCC 2) holder is to be able to:-

"Prepare for, deliver and review coaching sessions"

This Course will help you to be able to:

- Introduce and develop the game of cricket to people of all ages in a fun and enjoyable way
- Develop FUNdaMENTAL movement skills
- Develop and improve players (as people as well as cricketers) particularly at FUNdaMENTAL and 'L2T' stages of the Long Term Player Development model
- Develop your coaching skills, knowledge and qualities
- Demonstrate competence against UKCC2/National Standard for coaches

Summary of Coach Award Requirements

To fulfill the Course requirements, the candidate must:

- Attend the Good Practice and Child Protection Course (or equivalent)
- Attend the Cricket Coach First Aid Appointed Persons course (or equivalent)
- Complete the assignments set following Modules 1/2, 3/4, 5/6 and 7/8
- Complete the home study packs and associated assessments prior to Module 4 and prior to Module 5

- Complete successfully the support practice module (minimum of 10 sessions of at least 30 minutes each, rising to one hour)
- Submit your record of coaching and assignments at or prior to Assessment Day
- Attend an Assessment Day where they will be asked to coach a group of players and have a follow-up 'viva' on this and their record of coaching and assignments with an ECB Assessor
- Demonstrate all the competences required for an ECB Coach Award (UKCC2)

Conversion Course (ECB Level 1 to UKCC2)

The Conversion Course is designed for coaches wanting to update their existing ECB Level 1 qualification to the ECB Coach (UKCC2) qualification.

By attending the Conversion Course, coaches will have an opportunity to receive the latest developments relevant to their coaching.

A major focus of the updated ECB courses is the importance of balancing the technical aspects ('what to coach') with the way in which coaches are able to deliver a message ('how to coach') with the ultimate aim of ensuring that players learn.

Long Term Player Development (LTPD) aims to help coaches, parents and teachers provide players with the appropriate training and practice, competition and recovery over the course of their coaching career.

Also 'Teaching Games for Understanding' provides coaches with an alternative approach to the more traditional model of warm-ups, skill and games by helping to develop players' tactical awareness and decision-making through modified games.

Achieving certification will enable coaches to align their knowledge and practice. This will also allow them to get on the ECB (UKCC) Coaching Pathway and will benefit players by ensuring that coaching is consistent and as up to date as possible. The course is designed for coaches who are actively coaching and want to update their existing qualification.

The pre-requisites for coaches wishing to attend the Conversion Course are:

- Minimum ECB Level 1 or Coaching Award qualification
- To be actively coaching within a club or school environment. For assessment purposes coaches will need access to players for 6 x 30 minutes session during and post course.
- Current ECB CRB/ Disclosure Scotland
- Attended within the last 3 years a GPCP/ Safeguarding and Protecting Children course
- Current First Aid Qualification

Course Structure

- 4 x 3 hour modules
- Assessment Day - same format as the UKCC2 qualification (maximum 6 hours)

Frequently Asked Questions:

What are the benefits for me as an ECB Level 1 coach of 'updating' to the UKCC2 qualification?

By attending the Conversion Course, you will have an opportunity to receive the latest developments relevant to your coaching. A major focus of the updated ECB courses is the importance of balancing the technical aspects ('what to coach') with the way in which coaches are able to deliver that message ('how to coach') with the ultimate aim of ensuring that players learn.

There has also been a shift in focus on courses from treating coaches as players to treating coaches as coaches. As a result coaches on the new courses have many opportunities to practice their coaching. The greater emphasis on coaching has enabled coaches to get constructive feedback from their peers and trained tutors.

Long Term Player Development (LTPD) aims to help coaches, parents and teachers provide players with the appropriate training and practice, competition and recovery over the course of their career. Also 'Teaching Games for Understanding' provides coaches with an alternative approach to the more traditional model of warm up, skill and games by helping to develop players' tactical awareness and decision making through modified games.

By creating a recognised standard for coach education, the UKCC will make it easier to identify a quality coach in any sport and at any level.

The development of the UKCC qualification has provided a catalyst for a review and radical overhaul of key elements of cricket's national coaching award scheme.

Having attended the ECB Level 1 Course, coaches would have benefited from a comprehensive technical manual. This has been adapted and modified to form parts of an interactive workbook which includes technical information, advice on controlling and organising groups and guidance on the coaching process.

In addition, the candidates on the UKCC2 Course now receive a DVD which has been designed to assist coaches in developing their coaching skills by providing information on cricket techniques, group coaching and LTPD.

Finally, the ECB coaching cards [which remain a valuable and very user-friendly resource] have been updated in order to include new information on games and warm ups as well as technical updates.

Why do I have to be assessed on a group coaching session again?

The competences that you will be assessed against are based on the UKCC 2 competences and some will vary from the ECB Level I criteria that you were originally assessed against. There is an emphasis upon other areas that you will have a chance to practice on the Course itself.

As an ECB Level 1 Coach, who can act as 'support coach' for me on my supported practice?

ECB Level II Coaches or above and UKCC2 Coaches

Club Coach Award

The ECB Club Coach qualification is designed for coaches working in club and school environments who have access and responsibility for the development of players in addition to improving and driving forward their coaching skills.

The pre-requisites for coaches wishing to attend a Club Coach Assessment Day are:

- Attendance at all 6 ECB Coach Development Workshops ('CDWs')*
- ECB Level II Coaches wishing to do the Club Coach qualification do not have to attend all the CDWs but may decide to attend specific workshops as a way of preparing for the Club Coach assessment. (Note: The assessment is focused on the skills and knowledge attained within the 6 CDWs).
- An ECB Coach (UKCC2) qualification or an ECB Level II qualification
- ECB Coaches Association Membership (the benefits of membership are numerous and include insurance cover as well as being able to access top quality coaching resources that supplement information delivered through the Coach Development Workshops. Please refer to www.ecbca.co.uk for more details of membership benefits.)
- A current CRBS Disclosure Scotland check
- A current GPCP / Safeguarding & Protecting Children Certificate
- A current and recognised First Aid qualification

Qualification Details:

The assessment is based upon information delivered in the Coach Development Workshops and the Club Coach Information Booklet, containing additional information specific to the Club Coach role, given to coaches before their Assessment Day.

Coaches will be assessed on their ability to observe and analyse players through video analysis. They will also be assessed on how well they are able to work with a small group of players on tactical development in a net situation.

During this net session, they will be assessed on their ability to apply information shared through the workshops. This includes communication skills and the ability to observe and analyse player performance in practice scenarios.

Frequently Asked Questions:

I have attended the six Coach Development Workshops. Do I have to attend the Club Coach Assessment?

The workshops can be used as a means of updating or refreshing your knowledge and some coaches will use them solely for this purpose without feeling the need to pursue the Club Coach route. Attendance at the ECB Club Coach Assessment, and subsequent qualification, is entirely optional once you have completed the Workshops.

I have an old ECB Level 1 qualification. Can I attend the CDWs and apply to be assessed for the Club Coach qualification?

You are entitled to attend the CDWs and this will help your development as a coach. However, you would be advised to take the ECB Coach (UKCC 2) Conversion course before this since it will help your understanding of information delivered in the workshops. Once you have the ECB Coach UKCC 2 qualification, you will be allowed to take the Club Coach Assessment having completed the 6 coach development workshops.

I have an old ECB Level II qualification. Do I need to “convert” to the new Club Coach?

There is no need for you to “convert” since your ECB Level II is still recognised. You may want to consider undertaking some or all of the Coach Development Workshops in order to update your knowledge in certain areas if you took your ECB Level II some time ago. You may also wish to examine the role you are currently playing as a coach, and consider if the additional knowledge in the UKCC or Club Coach Award would enhance your coaching. Your Cricket Scotland local Community Development Manager can help you understand this.

I have recently completed my ECB Coach Award (UKCC 2) Course and, after consultation with my county board, I am keen to get on the ECB Head Coach (UKCC 3) course. What are my options?

It is recommended that you spend time working with players and coaching before immediately “stepping up” to the next level. In order to work towards the UKCC 3 course, you will need to attend the 6 Coach Development Workshops AND achieve ECB Club Coach status. Once these have been completed, you are eligible to apply for the UKCC 3 course.

Coach Development Workshops

The primary target audience for the Coach Development Workshops is coaches who have attended the UKCC2 Course, and are designed to act as “stepping stones” for individuals who wish to work towards attending either the UKCC3 Course or the Club Coach Course.

Coaches can also access these as CPD (Continued Professional Development). A certificate of attendance will be issued for each Workshop attended.

The Workshops include content similar to the previous ECB Level II Course, but new developments have meant that we can include some updated information that we feel is valuable for coaches at this Level.

These workshops are three hours in duration each.

Content of Workshops

CDW 1 – Developing Batters -

- Revision of key principles
- Pre-delivery movements
- Additional shots & Drills
- Coaching opportunities

CDW 2 – Using video when working with batters

- Practical use of video
- Reinforcement of technical information
- Highlighting strengths in players & Addressing problems
- Tactical considerations

CDW 3 – Working with bowlers and using video cameras

- Practical use of cameras
- Revision of key principles
- Observation and analysis practice
- Drills & Tactical considerations
- Seam and spin variations

CDW 4 – Working in the Nets

- Purposes of nets & Net variations
- Advantages and disadvantages
- Revision of net management
- Practical coaching opportunity

CDW 5 – Working with Wicket Keepers and Fielders

- Additional keeping techniques
- Practical coaching practice
- Using drills with keepers
- Additional fielding techniques
- What makes a good fielding drill?

CDW 6 – Coaching a Team

- Pre-match preparation
- Role of coach during match
- Post match work
- Using games in training
- Planning club nights

Head Coach (UKCC Level 3)

The role of the ECB Head Coach (UKCC 3) award holder is to be able to :-

“Plan, implement and revise annual coaching programme(s).”

The Level 3 Coach

Qualities of coaches coming into the programme will include a willingness to share their expertise and to be able to provide quality feedback to other coaches. A considerable amount of learning will take place through the sharing of key information by coaches on the course and it is your own expertise and individual qualities that will help fellow coaches develop.

It is also important that individual coaches have an open-minded attitude to their development and a real willingness to learn.

Pre-requisites

The following components are absolutely essential for coaches wishing to apply for the national Level 3 course.

- Attendance at a Good Practice & Child Protection course within the last three years – photocopied certificate as evidence
- Attendance at a First Aid workshop - as above
- ECB Coaches Association member
- CRB/Disclosure Scotland

Course Requirements

Over the duration of the Course, you will be expected to complete pre-module reading as well as specific coaching tasks designed to get you actively reflecting upon your current coaching. In between each of the Modules there will also be activities that will build upon material delivered in each module. This work will then be consolidated in future modules. The activities

that coaches complete in between modules as part of home study are integral to the Course and some of them will form part of the final assessment.

Assessment of coaches at UKCC 3 will include:

1. Practical coaching – this will be done during parts of some modules and a final practical coaching assessment will take place in the coach's own environment once all modules have been completed
2. Evidence of planning, delivering and reviewing player development programmes
3. Self evaluation of coaching
4. Observation and analysis of player performance

During the period of the entire Course, you will need to have regular opportunities to coach in a variety of environments. These will need to include access to players for one-to-one coaching sessions, working with groups of players and having access to support and feedback from other coaches.

You will have a chance to reflect upon your planning and delivery and this will be done through the use of a coaching logbook designed to support your learning.

Coaches who do not have all of the above prerequisites will need to get in touch with Cricket Scotland for information on prospective courses.

Recommended Experience

The typical profile of coaches looking to embark on the Level 3 programme consists of some of the following:

1. ECB Level II or an ECB Coach (UKCC2) qualified. For those who obtain the UKCC2 they will also need to have attended all six of the Coach Development Workshops in addition to the Club Coach Assessment (available from November 2007 onwards) before applying for the course.
2. A minimum of approximately 100 hours active coaching experience since achievement of the above qualification
3. Active involvement in some of the following coaching environments: senior club cricket; district age-group cricket; county age-group cricket; county Academy programmes; first class cricket; overall control of junior club sections; higher levels of school cricket
4. Coaches who are able to demonstrate coaching competence through other sources of accredited prior learning such as extensive involvement in the professional game
5. Overseas Coaching Qualifications approved by the ECB.

Additional experience and skill in some of these key areas is also extremely beneficial for coaches starting the Level 3 programme. Coaches who do not possess some of these may find it helpful to gain this sort of experience before they begin the course.

1. Using a questioning coaching style rather than simply telling players
2. Having a clear process when observing and analysing player's performance
3. Having detailed technical and tactical knowledge in all disciplines

1. Having the experience of coaching in a number of different environments (different age groups, group work, one-to-one work and coaching a team)
2. Having experience of working in one-to-one situations

If you are in any doubt about your readiness to take part in the Level 3 programme, you should seek advice from Cricket Scotland Coach Education staff.

Action Plan

After having read through the information above AND discussed your application with some or all of the recommended contacts, there will be several options open to you.

Option 1 – ready to apply so process your application to ECB through Cricket Scotland.

Option 2 – unable to commit to national course at this moment but ready to apply in the future

Option 3 – through self-reflection and feedback from others, recognise specific areas that need to be developed and seek to do this before applying. These areas may be developed through the opportunity to work alongside more experienced coaches in your local area, attendance at one or more ECB Coach Development Workshop or observation of specific sections on ECB CA Wings to Fly DVDs.

Option 4 – after thorough analysis of commitment, requirements and demands of course, decide not to apply.

Cricket Scotland Coach Education & Development – Useful Contacts

Should you have any queries about the Courses offered by Cricket Scotland then please contact Adam Park-Elliott, Cricket Scotland Coach Development Manager, who can be contacted on 07825 172347, or his e-mail is adamparkelliott@cricketscotland.com

Alternatively, call the Cricket Scotland Coach Education Administrator, Ben Fox, direct on 0131 313 7420 benfox@cricketscotland.com.

Courses available in 2010

The following Courses will be available to candidates in the coming year. Candidates will be accepted for the Coaching Assistant, Coach Award and Conversion Courses on a first come first served basis – **a minimum of 12 places must be filled and pre-paid in order for the Course to run**. Candidates who wish to register for the Club Coach and Head Coach Awards will be considered on application to Cricket Scotland – written applications should be sent direct to Adam Park-Elliott, Coach Development Manager, Cricket Scotland.

Candidates for all Courses will also be required to be in possession of a valid certificate or complete a minimum 3 hour Emergency First Aid Course and a Safeguarding and Protecting Children & Young People Course (formally known as Good Practice in Child Protection), prior to the issuing of their certificate. The additional cost of these courses to candidates may vary depending upon their location.

note also that Candidates are required to complete all modules on their chosen Course before they can be assessed and supplied with their certificate.

Coaching Assistant (UKCC Level 1)

Cost of Coaching Assistant Course: £125.00*

***Cost excludes pre-requisite courses [if required]**

Course Code – CS/2010/UKCC1/1

Venue: Charleston Academy, Kinmylies, Inverness IV3 8ET [01463 220128]

Course Dates are as follows:

Dates	Activity	Times
Sunday 17 January	Modules 1 and 2	10.00am – 5.00pm
Sunday 24 January	Modules 3 and 4	10.00am – 5.00pm
Sunday 31 January	Assessment	10.00am – 5.00pm

Closing Date for Applications – Tuesday 05 January 2010

Course Code – CS/2010/UKCC1/ 2

Venue: Beath High School, Foulford Road, Cowdenbeath KY4 9BH [01383 602401]

Course Dates are as follows:

Dates	Activity	Times
Saturday 23 January	Modules 1 and 2	10.00am – 5.00pm
Sunday 24 January	Modules 3 and 4	10.00am – 5.00pm
Sunday 07 February	Assessment	10.00am – 5.00pm

Closing Date for Applications – Friday 08 January 2010

Course Code – CS/2010/UKCC1/3

Venue: St.Thomas Aquinas Secondary School, 112 Mitre Road, Jordanhill, Glasgow G14 9PP [0141 582 0280]

Course Dates are as follows:

Dates	Activity	Times
Sunday 31 January	Modules 1 and 2	10.00am – 5.00pm
Saturday 13 February	Modules 3 and 4	10.00am – 5.00pm
Sunday 14 February	Assessment	10.00am – 5.00pm

Closing Date for Applications – Friday 15 January 2010

Course Code – CS/2010/UKCC1/4

Venue: National Cricket Academy, Ravelston, Edinburgh EH4 3NT [0131 313 7420]

Course Dates are as follows:

Dates	Activity	Times
Sunday 07 February	Modules 1 and 2	10.00am – 5.00pm
Saturday 20 February	Modules 3 and 4	10.00am – 5.00pm
Sunday 21 February	Assessment	10.00am – 5.00pm

Closing Date for Applications – Friday 22 January 2010

Coach Award (UKCC Level 2)

Cost of Coaching Award course: £225.00*

*Cost excludes pre-requisite courses if required

Course Code – CS/2010/UKCC2/1

Venue: Craigclowan School, Edinburgh Road, Perth PH2 8PS [01738 626310]

Course Dates are as follows:

Dates	Activity	Times
Saturday 09 October	Module 1 and 2	10.00am – 5.00pm
Sunday 10 October	Module 3 and 4	10.00am – 5.00pm
Saturday 23 October	Module 5 and 6	10.00am – 5.00pm
Sunday 24 October	Module 7 and 8	10.00am - 5.00pm
February 2011 - t.b.c.	Assessment	Time & Venue - t.b.c.

Closing Date for Applications – Friday 24 September 2010

Course Code – CS/2010/UKCC2/2

Venue: The Gordon Schools, Castle Street, Huntly, Aberdeenshire AB54 4SE [01466 792181]

Course Dates are as follows:

Dates	Activity	Times
Saturday 16 October	Module 1 and 2	10.00am – 5.00pm
Sunday 17 October	Module 3 and 4	10.00am – 5.00pm
Saturday 30 October	Module 5 and 6	10.00am – 5.00pm
Sunday 31 October	Module 7 and 8	10.00am – 5.00pm
March 2011 – t.b.c.	Assessment	Time & Venue - t.b.c.

Closing Date for Applications – Friday 01 October 2010

Course Code – CS/2010/UKCC2/3

Venue: National Cricket Academy, Ravelston, Edinburgh EH4 3NT [0131 313 7420]

Course Dates are as follows:

Dates	Activity	Times
Saturday 06 November	Modules 1 and 2	10.00am – 5.00pm
Sunday 07 November	Modules 3 and 4	10.00am – 5.00pm
Saturday 31 October	Modules 5 and 6	10.00am – 5.00pm
Sunday 01 November	Modules 7 and 8	10.00am - 5.00pm
April 2011 – t.b.c.	Assessment	Time & Venue - t.b.c.

Closing Date for Applications – Friday 22 October 2010

Coach Development Workshops – Club Coach Award

Cost: £20 per workshop + £20 Assessment Fee

Course Code – CS/2010/CDW/1

Venues:

Workshops - Craigclowan School, Edinburgh Road, Perth PH2 8PS [01738 626310]

Assessment - National Cricket Academy, Ravelston, Edinburgh EH4 3NT

Course Dates are as follows:

Date	Activity	Times
Saturday 20 March	Workshops 1 and 2	10.00am – 5.00pm
Sunday 21 March	Workshops 3 and 4	10.00am – 5.00pm
Sunday 28 March	Workshops 5 and 6	10.00am – 5.00pm
Sunday 11 July 2010	Assessment	10.00am – 5.00pm

Closing Date for Applications – Friday 05 March 2010

ECB Conversion Course

(ECB Level 1 to UKCC 2) for ECB 1 Award Holders only

Course Code – CS/2010/Conv/1

Venue: St. Thomas Aquinas RC School, Mitre Road, Jordanhill, Glasgow G14 9PP [0141 582 0280]

Course Dates are as follows:

Date	Activity	Times
Saturday 27 November	Module 1 and 2	10.00am – 5.00pm
Sunday 28 November	Module 3 and 4	10.00am – 5.00pm
April 2011 – t.b.c.	Assessment	Time & Venue – t.b.c.

Closing Date for Applications – Friday 12 November 2010

Head Coach (UKCC Level 3)

All ECB Head Coach Courses are currently held in England and candidates whose application is endorsed by Cricket Scotland or relevant County Board are given priority by ECB when selecting candidates.

Suitably qualified Candidates who have assessed all the course information, discussed their application with appropriate contact within Cricket Scotland and/or been through the self bench marking process, may then wish to be considered for nomination by Cricket Scotland. Due to limited availability of places on Head Coach Courses (ECB currently run 4 per year) priority will be given to currently active coaches within the Cricket Scotland's performance development programmes.

Course Duration: 3 x three day modules per month (incorporating weekend) over a three month period, followed by an "in-field", independent assessment

Generally there are two courses scheduled per year, and applications will be accepted by Cricket Scotland commencing 01 April 2010.

Contacts

Any queries regarding the information in this Programme can be directed to Cricket Scotland's Coach Education Department on 0131 313 7420 or by e-mail as follows:

Adam Park-Elliott – Coach Development Manager: adamparkelliott@cricketscotland.com
Ben Fox – Coach Education Administrator: benfox@cricketscotland.com

"Cricket Scotland - All Together Better"